

2024  
**TRY-ME  
 TRY-ATHLON**  
 powered by **PARKLAND  
 SCHOOL DIVISION**

- Racers & Race Crew **ONLY**
- Spectators Allowed
- Swimming Course
- Biking Course
- Running Course
- First / Final Lap Route**  
 (Bikers **MUST** walk their bikes in these areas)

### On Race Day

Anticipate heavy traffic in the area.

Parking is available along 52 Street,  
 55 Avenue and at Glenn Hall Arena.  
**NO PARKING** in the Westview  
 School lots.

**PLEASE DO NOT PLAY ON THE  
 ÉCOLE LA TRINITÉ PLAYGROUND  
 ON RACE DAY.**

#### Remember to Bring:

- Proof of registration
- Race kit equipment
- Comfortable clothing & shoes
- Sunscreen
- Water & snacks
- Your enthusiasm

T-Shirt Colour / Heat Grouping	Ages (As of Dec 31)	Swim Distance	Bike Distance	Run Distance
RED	5-7 Years (Open to 8-9 Year Olds)	50 m (2 Lengths)	2 km (5 Laps)	500 m (1 Lap)
ORANGE	8-9 Years (Open to 5-11 Year Olds)	100 m (4 Lengths)	4 km (10 Laps)	1.5 km (4 Laps)
BLUE	10-11 Years (Open to 8+ Year Olds)	150 m (6 Lengths)	6 km (15 Laps)	2 km (6 Laps)
GREEN	12+ Years (Open to 10+ Year Olds)	200 m (8 Lengths)	10 km (25 Laps)	3 km (10 Laps)

**Date:** Friday, June 7, 2024  
**Location:** Stony Plain Pool  
**Check-in:** 9:15-10am  
**Warm-up:** 10am  
**Race start:** 10:30am

**STONY PLAIN CENTRAL**

