

2023
**TRY-ME
 TRY-ATHLON**
 powered by **PARKLAND
 SCHOOL DIVISION**

- Racers & Race Crew **ONLY**
- Spectators Allowed
- Swimming Course
- Biking Course
- Running Course
- First / Final Lap Route**
 (Bikers **MUST** walk their bikes in these areas)

On Race Day

Please anticipate heavy traffic in the area.

Parking will be available along 52nd Street and 55th Avenue, and in the Glenn Hall Arena lot.

NO PARKING for Try-Athlon attendees will be allowed in the Stony Plain Central School lots.

Remember to Bring:

Proof of registration
 Race kit equipment
 Comfortable clothing and shoes
 Sunscreen
 Water & snacks
 Your enthusiasm

Date: Friday, June 2, 2023
Location: Stony Plain Pool
Check-in: 9:15-10am
Warm-up: 10am
Race start: 10:30am

T-Shirt Colour / Heat Grouping	Ages (As of Dec 31)	Swim Distance	Bike Distance	Run Distance
RED	5-7 Years (Open to 8-9 Year Olds)	50 m (2 Lengths)	2 km (5 Laps)	500 m (1 Lap)
ORANGE	8-9 Years (Open to 5-11 Year Olds)	100 m (4 Lengths)	4 km (10 Laps)	1.5 km (4 Laps)
BLUE	10-11 Years (Open to 8+ Year Olds)	150 m (6 Lengths)	6 km (15 Laps)	2 km (6 Laps)
GREEN	12+ Years (Open to 10+ Year Olds)	200 m (8 Lengths)	10 km (25 Laps)	3 km (10 Laps)



STONY PLAIN CENTRAL

